

## 1/6/26 "Helicobacter pylori and Humans: A Story of Coexistence and Conflict"

Presented by: Telly Cheung, MD

Pediatric Gastroenterology  
UCSF Benioff Children's Hospitals

*Planners expect learners to:*

1. Differentiate cases to appropriately determine whom to test and treat *Helicobacter pylori* infections.
2. Describe the epidemiology, transmission, risk factors, and pathophysiology of *Helicobacter pylori*.
3. Define the indications to test and not test for *Helicobacter pylori*.
4. Apply appropriate guideline-directed therapy based on individualized risk stratification in a diverse population.

## 1/13/26 "Chest Pain in Children"

Presented by: Walter Li, MD

Clinical Professor of Pediatrics,  
Division of Cardiology and Electrophysiology  
University of California, San Francisco

*Planners expect learners to:*

1. Review the causes and relative prevalence of chest pain in children.
2. Identify key history and physical exam findings to differentiate cardiac from non-cardiac causes of chest pain.
3. Assess the impact of age and cultural factors in the evaluation of pediatric chest pain.
4. Recognize the appropriate use and limitations of diagnostic testing for chest pain.

## 1/20/26 "Biologic Therapies for Pediatric Asthma, Allergies, and Eczema"

Presented by: Rebecca Saenz, MD

Pediatric Allergy and Immunology  
Stanford Medical Center

*Planners expect learners to:*

1. Diagnose notable (and board-testable) side effects of biologics for asthma, allergies, and eczema, such as parasitic infection risks with anti-IL-5 agents and conjunctivitis with dupilumab.
2. Identify new biologics approved for pediatric atopic dermatitis, CSU, food allergies, and more.
3. Describe which biologics generally require referral to a specialist, and which might be prescribed by a general pediatrician. ***Dr. Saenz is an employee of Genentech. There will be no CME.***

## 1/27/26 "Being SMART about Asthma"

Presented by: Manisha Newaskar, MD

Clinical Associate Professor  
Pediatric Pulmonology  
Stanford Medicine – Children's Health

*Planners expect learners to:*

1. Manage asthma by using single maintenance and reliever therapy plan in appropriate patients.
2. Use the concept of an anti-inflammatory reliever therapy plan for management of asthma.
3. Identify factors that may cause persistent/uncontrolled asthma symptoms.

**Grand Rounds is by Zoom only. 8-9 am. Contact [cristina.fernandez@ucsf.edu](mailto:cristina.fernandez@ucsf.edu) for log-in information**

UCSF Benioff Children's Hospital Oakland is accredited by the California Medical Association to provide continuing medical education for physicians.

UCSF Benioff Children's Hospital Oakland designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

For CME credit, evaluations must be completed and sent to [Cristina.Fernandez@ucsf.edu](mailto:Cristina.Fernandez@ucsf.edu) by 12pm the Friday after Grand Rounds.